

Boca Helping Hands, Inc.
138 N.W. 16th Street
Boca Raton, FL 33432
Contact: Linda Gove, Executive Director
561-417-5343 direct

Birthday Girl asks for No Presents just donations to Boca Helping Hands

BOCA RATON, FL, Monday, June 23, 2008 – Carolyn Castillo decided to forgo any gifts for her 10th birthday. She decided to ask her friends to bring only food donations for Boca Helping Hands' food program for people in need in our community. As a result of her generosity, Boca Helping Hands received over 200 lbs. of food!

Carolyn has contributed to our programs in the past and so when her birthday came up, she wanted to do more to help the less fortunate neighbor. She told her mother that she felt so good after donating the food. "I am always so pleased to see that children in our area understand that when we have abundance in our lives, we should be willing to give help to others. Carolyn and her family are wonderful examples of this," said Linda Gove, Executive Director of Boca Helping Hands.

Boca Helping Hands serves families in our community in crisis with a food and financial assistance program. Our focus on job mentoring and job placement is a vital part of helping people break the cycle of dependency. If you would like more information regarding the programs at Boca Helping Hands please visit our website at www.bocahelpinghands.org or call 561-417-0913.

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Photo attached:

#1 Carolyn (3rd from left) and friends showing off the birthday donation.



#2 Carolyn with Boca Helping Hands mascot.



